

## Tim Prendergast – Profile of a Champion

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*What are the key elements to success in sport?  
What are the key elements to success in business?*

Two questions that coaches and managers across the world seek the answer to;

Tim Prendergast is one of the world's leading Paralympians and has represented New Zealand at the last three Paralympic Games. At the age of eight Tim began losing his central vision and within several years was declared legally blind with only 5% remaining vision. Despite his rapidly deteriorating sight and the challenges he had to face to come to terms with this situation, Tim unleashed his passion for sport and found the inner resources to win the 800 Metres Gold in the Athens 2004 Paralympic Games.

Tim is now an experienced speaker, motivator and facilitator and tells his compelling story to businesses across the UK, inspiring business teams to make positive shifts and changes in the way they operate. Tim presents his vision for teamwork and success centered round the **ASPECT** model.

Accountability  
Strategy  
Persistence  
Effective  
Communication  
Teamwork



Tim regularly delivers inspirational talks and informative workshops to businesses, schools and community organisations across the UK. His public speaking career spans over ten years working with top companies such as Procter and Gamble, LOCOG London 2012 Education team and the Financial Services Authority (FSA).

*Meet Tim Prendergast in person, delivering one of his fantastic workshops in the **Olympic Performance Management** course in partnership with David Finney of The Energy of Conversation. For further information about the course, email [davidfinney@theenergyofconversation.co.uk](mailto:davidfinney@theenergyofconversation.co.uk) or call 07521 991645.*

*Tim has a Bachelor's Degree in English and a Masters Qualification in Neuro Linguistic Programming. Tim was team captain at the 2008 Beijing Paralympics 2008 and is now an Athlete Mentor for the Youth Sport Trust. Here is a sneak preview of Tim in action (15:15): <http://www.youtube.com/watch?v=PPQ1qpea1TM>*

*David Finney has two diplomas in corporate and personal coaching and is also a fully qualified Quality Lead Auditor. Prior to running his own business, David was originally a musician and guitar tutor before spending 20 years in the Market Research Industry fulfilling people management and staff development roles.*